

Start Strong in Kindergarten

The following skills in six key areas of learning and development are important as children prepare to enter Kindergarten. Which areas is your child strong in? Which might be growth areas to work on as your child begins his or her Kindergarten year?

Language	Social Emotional	Cognitive
<ul style="list-style-type: none"> <input type="checkbox"/> Recognizes own name and names of familiar people and things <input type="checkbox"/> Speaks in complete sentences <input type="checkbox"/> Tells a story about a past experience <input type="checkbox"/> Engages in conversations with others <input type="checkbox"/> Uses words to express needs <input type="checkbox"/> Understands and follows 2 step directions <input type="checkbox"/> Listens when someone is talking 	<ul style="list-style-type: none"> <input type="checkbox"/> Puts his or her belongings away <input type="checkbox"/> Uses materials appropriately (art materials, toys) <input type="checkbox"/> Uses the bathroom and washes hands independently <input type="checkbox"/> Asks an adult for help when needed <input type="checkbox"/> Identifies emotions (happy, sad, mad) <input type="checkbox"/> Shows concern for others <input type="checkbox"/> Plays positively with 2-3 other children <input type="checkbox"/> Takes turns with toys and on the playground <input type="checkbox"/> Separates from parent/guardian and recovers quickly 	<ul style="list-style-type: none"> <input type="checkbox"/> Works cooperatively with a friend to play a game or complete a puzzle <input type="checkbox"/> Sustains an activity for more than 5 minutes <input type="checkbox"/> Tries different solutions to solve a problem. <input type="checkbox"/> Ask questions about something to learn new information <input type="checkbox"/> Uses imagination and props to engage in pretend play <input type="checkbox"/> Makes connections when reading a book
Physical	Literacy	Math
<ul style="list-style-type: none"> <input type="checkbox"/> Runs and walks <input type="checkbox"/> Alternates feet on stairs <input type="checkbox"/> Climbs playground equipment <input type="checkbox"/> Jumps on two feet <input type="checkbox"/> Throws and kicks a ball <input type="checkbox"/> Cuts with scissors <input type="checkbox"/> Pours liquids from one container to another <input type="checkbox"/> Uses fork and spoon to eat <input type="checkbox"/> Buttons/zips own clothing with support <input type="checkbox"/> Opens and closes doors <input type="checkbox"/> Holds a pencil, crayon or marker correctly 	<ul style="list-style-type: none"> <input type="checkbox"/> Recognizes that some words begin with the same sound <input type="checkbox"/> Knows most letters in the alphabet <input type="checkbox"/> Recognizes when two words rhyme <input type="checkbox"/> Draws a picture and tells about it <input type="checkbox"/> Recognizes and can write own first name <input type="checkbox"/> Pretends to read a book (knows how to hold book and where to start reading) <input type="checkbox"/> Pretends to read a familiar story using language similar to the text <input type="checkbox"/> Asks and answers questions about a book <input type="checkbox"/> Retells familiar stories 	<ul style="list-style-type: none"> <input type="checkbox"/> Recognizes numerals to 5 or 10 <input type="checkbox"/> Counts 5 to 10 objects <input type="checkbox"/> Understands positional words (next to, under, on top of, over, between) <input type="checkbox"/> Compares objects: smaller/larger, heavier/lighter, more/less <input type="checkbox"/> Sorts objects by color, size, or shape <input type="checkbox"/> Builds a tower or structure with blocks